



SUPER SMOOTHIES

CONTAIN NATURE'S SUPERFOODS FOR A NATURAL BOOST

SPICY CHAI 8.50

milk, chai spices, maca, honey, banana

CACAO MINT 8.50

milk, peppermint, spinach, banana, raw cacao nibs

ONE LOVE 8.50

milk, raw cacao, maca, banana

THE HIGH ROLLER 9.50

milk, avocado, maca, dates, raw cacao, banana

GREEN:

THE HULK 8.50

green alkalizer juice, spirulina, banana

MATCHA GREEN 8.50

milk, matcha green tea, spinach, banana

CLEAN GREEN 8.50

coconut water, spirulina, spinach, mango, pineapple

SUPED UP CLEAN GREEN 10.50

CLEAN green + avocado & hemp protein

DR GREEN 9.50

coconut water, spirulina, spinach, lemon, honey, ginger, green apple, avocado +/- garlic & cayenne

PINK:

SUPED UP BERRY 8.50

milk, mixed berries, acai, banana, honey

THE AMAZONIAN 8.50

coconut water, acai, mango, mixed berries, honey

TICKLED PINK 8.50

pink ginger juice, banana, acai

TICKLED CLEAN 9.00

pink ginger juice, chia, date, mango + pineapple

THE FRESH MAKER 9.50

coconut water, blueberry, ginger, mint, mango, pineapple, honey, chia

JUICE BASED SMOOTHIES

LIGHT, FRUITY & REFRESHING. DAIRY FREE

ORANGE JULIUS 6.75

orange juice, banana

FRISKY MONKEY 6.75

orange, grapefruit, lemon & lime juice, banana

PINK PANTHER 6.75

watermelon juice, strawberry, banana

SUN SALUTE 6.75

coconut water, oj & pineapple juice, mango, banana

CARMEN MIRANDA 6.75

oj, pineapple & watermelon juice, strawberry, peach, mango, banana

JACKED UP SMOOTHIES

CONTAIN PANTHER ESPRESSO FOR YOUR CAFFEINE FIX

JACKED UP GEORGE 8.50

espresso, milk, vanilla stevia, banana

ALL DAY EXPRESS 8.50

espresso, milk, granola, peanut butter, banana

HARLEM EXPRESS 8.50

espresso, choc almond milk, banana

TIRAMISU 9.50

espresso, milk, avocado, maca, vanilla stevia, banana

THE CHAI EXPRESS 9.50

espresso, milk, chai spices, maca, honey, banana

MILKY SMOOTHIES

(DAIRY OR NON-DAIRY) CHOICE OF 2% DAIRY, COCONUT, CHOCOLATE OR ORIGINAL ALMOND MILK

CURIOUS GEORGE 6.50

milk, vanilla stevia, banana

BOB THE BUILDER 6.50

milk, peanut butter, banana

ALL DAY BREAKFAST 6.50

milk, granola, peanut butter, banana

STRAWBERRY SHORTCAKE 6.50

milk, strawberry, banana, honey

HARLEM SHAKE 6.50

chocolate almond milk, banana

CHUNKY BOB 6.75

milk, peanut butter, banana, chocolate chunks

PEPPY LONGSTOCKINGS 6.75

chocolate almond milk, peppermint, banana, chocolate chunks

add vegan vanilla protein or natural hemp protein +2.00

sub bananas for other fruit +.50c

add ginger juice to any juice or smoothie +.50c